



# May 4<sup>th</sup> - June 14th

## SCHEDULE

### Class

Purple: Community Room

Red: Spin Room

Blue: Pool Room

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM	6am Spin w/ Lisa 8 am Yoga w/ Erin 9am Zumba GOLD w/ Becky	8am ZUMBA w/ Becky/Emily	6am Spin w/ Tim 8am Yoga w/ Erin 9am Walk w/ Becky 10am Functional Fitness w/ Lisa	8am ZUMBA w/ Becky/Emily 9am Pilates w/ Elaine	6am Spin w/ Michelle 8am Pilates w/ Elaine 10am Functional Fitness	8am Spin Rotating Instructor	
NOON							
PM	5:30 Boot camp w/ Angie	6:30 Aquacise w/ Rachel	5:30 Bootcamp w/ Angie 6:30 Spin w/ Lisa Downs	6:30 Zumba w/ Emily	5:30 Pilates w/ Jacey		1pm Hot Pilates w/ Jacey 2pm Aquacise w/ Rachel