



May 24th - July 4th

SCHEDULE

Class

Purple: Community Room
 Red: Spin Room
 Blue: Pool Room

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
AM	6am Spin w/ Paul 8 am Yoga w/ Erin 10am Functional Fitness w/ Cathy	8am ZUMBA w/ Emily	6am Spin w/ Tim 8am Yoga w/ Erin 10am Functional Fitness w/ Lisa	8am ZUMBA w/ Emily 9am Pilates w/ Elaine	6am Spin w/ Michelle / Paul 8am Pilates w/ Elaine 10am Walking w/ Lisa	8am Spin June 6th June 20 th w/ Lisa 9am Dance Fitness w/ Cari		
NOON								
PM	5:30pm Move w/ Angie 6:30 Dance Fitness w/ Cari 6:30 Spin with Tim Ward		5:30pm AquaFit with Angie 6:30 Dance Fitness w/ Cari 6:30pm Spin w/ Lisa					